



Version: Sept 16th 2024

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<https://healwithjosee.com/SEFI-list>

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If you see any frequencies that are missing, please let me know by emailing me at:

hello@healwithjosee.com

QUANTUM REACH

- | | |
|---|------------------------------------|
| 1. Abundance | 18. Immune Support |
| 2. Abundance, Wealth, & Success | 19. Inner Peace |
| 3. Breathe Free | 20. Integrity |
| 4. Concentration, Determination, & Finish | 21. Love, Forgiveness, & Gratitude |
| 5. Confidence, Self-Esteem, & Love | 22. Love |
| 6. Coordination | 23. Memory, Focus & Clarity |
| 7. Creativity | 24. Pain-Free, Healing, & Stamina |
| 8. Determination | 25. Pain Free |
| 9. Energy | 26. Peace, Calm & Tranquility |
| 10. Energetic Clearing | 27. Perfect Recall |
| 11. Energetic Shield | 28. Prosperity |
| 12. EMF Shield | 29. Resolve |
| 13. Focus | 30. Sleep Well |
| 14. Forgiveness | 31. Stamina |
| 15. Gratitude | 32. Stress-Free |
| 16. Health, Strength & Recovery | 33. Successful |
| 17. Health | |

QUANTUM AFFIRMATIONS

- | | | |
|------------------------------------|--------------------------|-----------------------------------|
| 1. Accelerated Learning | 12. Compulsive Behaviors | 25. Perfect Health |
| 2. Addiction – Alcohol | 13. Depression | 26. PMS |
| 3. Addiction – Drugs | 14. Diabetes | 27. Prostate |
| 4. Addiction – Smoking | 15. Energy Boost | 28. Relationship Enhancement |
| 5. Allergies – Pollen, Dust, Foods | 16. Female Enhancement | 29. Self Confidence – Self Esteem |
| 6. Allergy – Vaccinations | 17. Herpes | 30. Sports Enhancement |
| 7. Antibiotics | 18. Immune Support | 31. Stress and Tension |
| 8. Anxiety | 19. Insomnia | 32. Success |
| 9. Arthritis | 20. Male Enhancement | 33. Super Memory |
| 10. Asthma | 21. Mastering Stress | 34. Unlimited Creativity |
| 11. Common Cold | 22. Migraines | 35. Wealth Prosperity |
| | 23. Mood Support | 36. Weight Management |
| | 24. Pain Control | |



Think FREQUENCIES

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1. Abdominal Pain
2. Acne - Pimples
3. Acute Pain
4. Adenoids
5. AIDS
6. Alcoholism
7. Allergies
8. Alopecia
9. Amenorrhea
10. Anemia
11. Aneurysm
12. Angina Pectoris
13. Anosmia
14. Antibiotic - General
15. Antiseptic #1
16. Antiseptic #2
17. Anus Itching
18. Appendicitis
19. Appetite - Lack of
20. Arteries - Hardening of
21. Arteriosclerosis
22. Arthritis
23. Asthma
24. Ataxia of Muscles
25. Aura Builder
26. Autism
27. Autointoxication
28. Back Bent
29. Back Pain
30. Back Stiff
31. Bad Breath
32. Bad Complexion
33. Bad Teeth, Gum Infection
34. Becketts
35. Bed Wetting
36. Biliousness
37. Bites; Insects
38. Bladder Infection
39. Bladder Inflammation
40. Bladder Troubles
41. Blood Clot
42. Blood Diseases
43. Blood Pressure – HIGH
44. Blood Pressure - LOW

45. Boils
46. Bones - Fractured/Broken
47. Botulism
48. Bradycardia
49. Breast Trouble
50. Breast Tumor
51. Breath - Shortness
52. Breathing Labored
53. Bright's Disease
54. Bronchitis
55. Bronchopneumonia
56. Bruises
57. Bubonic Plague
58. Bunion Pain
59. Burns - General
60. Burns - Radiation
61. Burns - Radium
62. Burns - X-ray
63. Bursitis
64. Cancer - External
65. Cancer - Internal
66. Cancer - Leukemia
67. Cancer - Sarcoma
68. Candidiasis or Thrush
69. Carbuncles
70. Carcinoma
71. Cardiac Depressant
72. Cardiac Hypertrophy
73. Cataract
74. Catarrh
75. Catarrh in Colon
76. Cerebral Palsy
77. Cerebral-Spinal Problems
78. Cervical Gland Problems
79. Cervicitis
80. Chancroid Ulcers
81. Chicken Pox #1
82. Chicken Pox #2
83. Chilblains
84. Childhood Diseases
85. Chronic Fatigue
86. Cleans Blood Plasma

87. Cold Feet
88. Cold Hands
89. Cold in Head, Chest, Etc.
90. Cold Sores
91. Colic
92. Colitis
93. Colon Inflammation
94. Colon Pain
95. Complete Frequency Set
96. Conjunctivitis
97. Constipation
98. Contraction
99. Convulsions
100. Corns in Feet
101. Costalgia - Chest Pain
102. Coughing - Colds
103. COVID Mutations
104. COVID Virus
105. Cramps
106. Cricks in Neck
107. Cuts
108. Cystitis
109. Dandruff - Scales
110. Deafness
111. Dental Ulcers
112. Diabetes
113. Diabetic Ulcers
114. Diarrhea
115. Digestion
116. Diphtheria
117. Distended Organs
118. Distended Stomach #1
119. Distended Stomach #2
120. Down Syndrome
121. Dreams
122. Dropsy
123. Drug Addiction
124. Dullness
125. Duodenal Ulcer #1
126. Duodenal Ulcer #2
127. Dysentery (Intestine Infection-Shingles)



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0400 006 576

Location Safety Bay, Warnbro, Australia

- | | | |
|---|--|------------------------------------|
| 128. Dysmenorrhea (Painful Period) | 164. EYE - Nearsighted | 205. Gravel Deposits in Urine |
| 129. Dyspepsia (Indigestion) | 165. EYE - Nerve Pain | 206. Grippe - Influenza |
| 130. Ear Discharges | 166. EYE - Strained | 207. Gums - Inflamed |
| 131. Earaches | 167. EYE - Sty | 208. Hair Loss #1 |
| 132. EARS - Balance | 168. Eyelid Swelling | 209. Hair Loss #2 |
| 133. EARS - Dizziness | 169. Facial Cramps | 210. Hallucinations |
| 134. EARS - Hard to Hear | 170. Facial Paralysis | 211. Hangover |
| 135. EARS - Ringing | 171. Fainting | 212. Hay Fever |
| 136. Easily Depressed | 172. Falling Hair | 213. Head Injury |
| 137. Easily Fatigued | 173. Fascia (Nerve, Organ, Bone, Blood Vessel Tissues) | 214. Head - Pressure In |
| 138. Eczema | 174. Fears | 215. Headaches |
| 139. Edema | 175. Female Disorders | 216. Heart Disorders |
| 140. Elbow Pain | 176. Fever, All Kinds | 217. Heart Injuries |
| 141. Endocarditis (Heart Lining Inflammation) | 177. Fibrous Tissue Under Skin | 218. Heart Palpitations |
| 142. Enlarged Blood Vessels | 178. Fissures | 219. Heartburn |
| 143. Enlarged Glands | 179. Fistula – Ulcer | 220. Hemorrhage |
| 144. Enuresis (Involuntary Urination) | 180. Flashes - HOT | 221. Hemorrhoids |
| 145. Epididymitis (Inflammation of Testicles) | 181. Flatulence | 222. Hepatitis |
| 146. Epilepsy – Fits | 182. Flu | 223. Hereditary Sex Disorder |
| 147. Erectile Dysfunction | 183. Fluid in Lungs | 224. Hernia |
| 148. Erysipelas | 184. Fluid in Testicle | 225. Hernia of Disc |
| 149. Esophagus | 185. Food Poisoning #1 | 226. Herpes |
| 150. Eustachian Tube | 186. Food Poisoning #2 | 227. Herpes Zoster |
| 151. EYE Inflammation | 187. Foot Blisters | 228. Hiccoughs?? |
| 152. EYE - Arteriosclerosis | 188. Frigidity Female | 229. High Fever - Pyrexia |
| 153. EYE – Bifocal | 189. Frost Bite | 230. Hip Pain |
| 154. EYE – Blurred | 190. Frozen Joints | 231. Hives - Urticaria |
| 155. EYE - Cataract | 191. Gallbladder | 232. Hoarseness |
| 156. EYE - Colorblind | 192. Gall Stones | 233. Hormonal Imbalance |
| 157. EYE - Crossed | 193. Gangrene | 234. Hot Flashes |
| 158. EYE - Degeneration | 194. Gas Pains - Stomach - Colon | 235. Hydrocele - Swelling Scrotum |
| 159. EYE - Diplopia (Seeing 2 images) | 195. Gastric Ulcers | 236. Hyperacidity |
| 160. EYE - Eyelid Droop | 196. Gastritis | 237. Hypersomnia - Excessive Sleep |
| 161. EYE - Farsighted | 197. Giddiness - Dizzy | 238. Hypertension |
| 162. EYE - Infected | 198. Glandular Fever | 239. Hypochondrium |
| 163. EYE - Lacrimal (Secretion of tears) | 199. Glaucoma | 240. Hypoxia - Low Oxygen |
| | 200. Goiter | 241. Hysterical Symptoms |
| | 201. Gonad Inflammation (Man's Genitals) | 242. Ileocolonic |
| | 202. Gonorrhoea | 243. Impotence |
| | 203. Gout | 244. Increase Height |
| | 204. Gouty Ulcers | 245. Indigestion #1 |



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|--|---|--|
| 246. Indigestion #2 | 283. Lumbar Vertebrae (back) | 318. Neurasthenia - Fatigue, Irritability |
| 247. Infantile Paralysis | 284. Lungs - Breathing | 319. Neuritis (Inflammation of Peripheral Nerves) |
| 248. Infections #1 | 285. Lupus Vulgaris | 320. Neuropathy |
| 249. Infections #2 | 286. Lymph Glands Plugged | 321. Neurosis |
| 250. Inflamed Heart Covering | 287. Lymphatic Depressant | 322. Nicotine Poisoning |
| 251. Inflamed Testicles | 288. Malaria (parasite) | 323. Nipples Sore |
| 252. Inflammation of Breast | 289. Measles | 324. No Menstruation |
| 253. Influenza | 290. Melancholia (depression) | 325. Nocturnal Emission |
| 254. Injection - Allergies | 291. Memory Loss | 326. Nose Disorders |
| 255. Injuries | 292. Meningitis - Inflammation of Brain/Spinal Cord Membranes | 327. Numbness of Extremities |
| 256. Insomnia | 293. Menopausal Transition | 328. Obsessive Fears |
| 257. Intelligence Increase | 294. Menses | 329. Occipital Neuralgia |
| 258. Intercostal Neuralgia | 295. Mental Irritability | 330. Operations (Antiseptic) |
| 259. Intestinal Spasms | 296. Mental Retardation | 331. Oral Inflammation |
| 260. Intestines - To Flush | 297. Migraine | 332. Orchitis - Testicle Inflammation |
| 261. Intestines - Inflamed | 298. Moth Patches | 333. Osteoarthritis |
| 262. Intoxication | 299. Motion Sickness | 334. Osteomyelitis |
| 263. Irritability | 300. Mouth Eruptions | 335. Ovaries |
| 264. Itching – Anus, Toes, Feet | 301. Mucous | 336. Pain - Paralysis |
| 265. Jaundice | 302. Multiple Sclerosis | 337. Pains in the Knee |
| 266. Joint Problems | 303. Mumps | 338. Pancreas Disorder |
| 267. Joints Inflamed | 304. Muscle Failure | 339. Paralysis |
| 268. Kidney | 305. Muscle Repair | 340. Parasites |
| 269. Kidney Inflammation | 306. Muscle Spasms | 341. Pelvic Disorders |
| 270. Knee Pains | 307. Muscle Strain | 342. Peptic Ulcers |
| 271. Lack of Conductivity | 308. Muscles - Heart, Arm | 343. Pericarditis #1 |
| 272. Lassitude - Weak, Lack Energy | 309. Muscular Dystrophy | 344. Pericarditis #2 |
| 273. Laxative - Mild | 310. Myocarditis - Inflammation of Heart Muscle | 345. Peritonitis |
| 274. Legs | 311. Nausea | 346. Persistent Disorders |
| 275. Leprosy (infection) | 312. Neck | 347. Pharyngitis (Throat swelling Infection, Irritation) |
| 276. Leucorrhea (Vaginal Discharge) | 313. Nephritis - Kidney Nephrons Inflamed | 348. Piles (Hemorrhoids) |
| 277. Leukemia (cancer) | 314. Nerve Inflammation | 349. Pin Worms (parasite) |
| 278. Leukocyte Builder | 315. Nerve Stimulator | 350. Pleurisy |
| 279. Liver Inflammation | 316. Neuralgia - Pain Caused by Damaged Nerves | 351. Pneumococcus Ulcers |
| 280. Liver – Enlargement | 317. Neuralgia – Arms | 352. Pneumonia |
| 281. Locomotor Ataxia - Can't Control Body Movements | | 353. Poliomyelitis |
| 282. Lumbago (Muscle/Joint Pain in Lower Back) | | 354. Polyps, Growth |
| | | 355. Poor Appetite |



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Location Safety Bay, Warnbro, Australia

- 356. Poor Circulation
- 357. Prostate Gland
- 358. Pruritus - Anus (Intense Itching)
- 359. Psoriasis
- 360. Ptomaine FOOD Poisoning
- 361. Ptosis - Abnormal Low Eyelid Drooping
- 362. Pyorrhea - Gum Infection
- 363. Pyrexia - Fever HIGH
- 364. Rabies
- 365. Raynaud's Disease
- 366. Restless Leg Syndrome
- 367. Rheumatism
- 368. Rheumatoid Arthritis
- 369. Rhinitis (stuffy or runny nose)
- 370. Rib Pain
- 371. Ringworm (parasite)
- 372. Scarlet Fever
- 373. Schizophrenia
- 374. Sciatica Nerve
- 375. Scurvy (vit C defic.)
- 376. Sedative - Induces Sleep
- 377. Semi Paralysis
- 378. Sexual Diseases
- 379. Sexual Weaknesses
- 380. Shell Shock (PTSD)
- 381. Shingles
- 382. Shock
- 383. Sinus Disorders
- 384. Sinus Pressure
- 385. Sinusitis
- 386. Skin Hemorrhages
- 387. Skin Inflammations
- 388. Skin Problems #1

- 389. Skin Problems #2
- 390. Smallpox
- 391. Smell – Morbid
- 392. Smell – None
- 393. Sneezing
- 394. Solar Plexus: Pain
- 395. Sore Throat
- 396. Spermatorrhea (semen incontinence)
- 397. Spondylitis - Spine Joint Inflammation
- 398. Spongy Gums (gum bleeding)
- 399. Sprains
- 400. Stammering (stutter)
- 401. Staphylococcus Infection
- 402. Stenosis
- 403. Sterility
- 404. Stiff Shoulder #1
- 405. Stiff Shoulder #2
- 406. Stiffness of Neck
- 407. Stimulates Ovarian Elim
- 408. Stomach Cramps
- 409. Stomach Pain
- 410. Stomach Swelling
- 411. Streptococcus Infection
- 412. Streptothrix-Mold
- 413. Stroke
- 414. Sty (eye infection)
- 415. Sunstroke - Cold
- 416. Sunstroke - Hot
- 417. Suprarenal Stimulant
- 418. Surgery
- 419. Swelling - General
- 420. Swelling - Legs, Feet
- 421. Syndrome Disorders
- 422. Syphilis
- 423. Tachycardia (fast heart rate)
- 424. Taste - None

- 425. Taste - Morbid, Hypersomnia
- 426. Teeth- Bad, Gum Infection
- 427. Testes Inflammation
- 428. Tetanus
- 429. Thalamus
- 430. Throat Inflamed
- 431. Thrombosis (blood clot)
- 432. Thymus Gland Stimulator Thyroid issues
- 433. Tonsillitis
- 434. Toothache
- 435. Trachoma (eye bacterial infection)
- 436. Trauma
- 437. Trench Mouth (gum disease, gingivitis)
- 438. Tuberculosis
- 439. Tumors – Any Kind
- 440. Twisted Joints
- 441. Typhoid Fever
- 442. Ulcers
- 443. Ulcers in Mouth
- 444. Unconsciousness
- 445. Underweight
- 446. Urethritis (inflammation of the urethra)
- 447. Urticaria (chronic hives)
- 448. Vaginal Discharge
- 449. Water Blisters
- 450. Weak Stomach
- 451. Weight Control
- 452. Whiplash (neck injury)
- 453. Worms (parasite)
- 454. Yellow Fever



Flower	What it is good for
1. Agrimony	Unable to effectively communicate your real feelings and worries. Often hide your feelings behind humor. Prone to use alcohol or drugs in excess.
2. Alpine Mint Bush	Feel sorry for yourself, have suffered adversity or misfortune and find it difficult to accept.
3. Angelsword	Releases spiritual confusion. Enhances spiritual communication.
4. Aspen	Fear that is vague and unexplainable with no apparent cause.
5. Autumn Leaves	Releases Difficulties in Passing On. Enhances Letting Go and Moving On.
6. Banksia Robur	Releases Feeling Disheartened and Frustrated. Enhances Enjoyment of life and Enthusiasm.
7. Bauhinia	Releases Resistance to Change, Rigidity and Reluctance. Enhances Acceptance and Open-Mindedness.
8. Beech	Critical toward other people and difficult to accept them as they are.
9. Billy Goat Plum	Releases Shame and Physical Loathing. Enhances Sexual Ease, Enjoyment and Open-Mindedness.
10. Black-eyed Susan	Releases Impatience, Feeling Overcommitted and Constant Striving. Enhances Slowing Down and Inner Peace.
11. Bluebell	Releases feeling closed, greed and rigidity. Enhances belief in abundance, universal trust and joyful sharing.
12. Boab	Releases negative patterns and recipients of abuse. Enhances personal freedom.
13. Boronia	Releases feeling brokenhearted and stuck. Enhances clarity, serenity and creative visualization.
14. Bottlebrush	Releases feeling overwhelmed by major life changes. Enhances serenity, calmness and the ability to cope.
15. Bush Fuchsia	Releases feeling switched off, feeling nervous with public speaking and clumsiness. Enhances courage to speak out, Being In touch with your intuition and clarity.



Flower	What it is good for
16. Bush Gardenia	Releases Stale Relationships and Unawareness. Enhances Passion and Improves Communication.
17. Bush Iris	Releases Materialism and Physical Excess. Enhances Awakening Spirituality and Clearing Blocks in Trust.
18. Calophyllum	Releases Lack of Commitment and Staying in Comfort Zone. Enhances Resilience, Strong Sense of Morality and Leadership.
19. Centaury	Often serving others, neglecting oneself. Unable to say no, easily gets imposed on.
20. Cerato	Unable to trust your own judgment in decision-making.
21. Cherry Plum	Fear of losing control of thoughts and actions and doing things they perceive are wrong.
22. Chestnut Bud	Takes longer to learn a lesson. Constantly making the same mistake over and over again.
23. Chicory	Critical, opinionated and argumentative. Often find fault in others.
24. Christmas Bell	Releases Poor Stewardship of Possessions. Enhances or Helps to Manifest Desired Outcome.
25. Clematis	Unhappy with life and withdraw into fantasy worlds. Ungrounded and indifferent to the details of everyday life. Difficulty with clarity and alertness in the moment.
26. Crab Apple	Constantly feeling dirty, needing to wash your hands often, feeling ugly.
27. Crowea	Releases Uneasiness. Enhances Peace, Calmness, Balance and Clarity of Feelings.
28. Dagger Hakea	Releases Resentment and Bitterness Towards Others. Enhances Forgiveness and Open Expression of Feelings.
29. Dog Rose	Releases Shyness and Feeling Insecure. Enhances Confidence, Belief in Self and Courage
30. Dog Rose of the Wild Forces	Releases Anxiety and Mental Uneasiness. Enhances Calmness, Being Centered and Emotional Balance.



Flower	What it is good for
31. Elm	Feeling overwhelmed, often depressed and exhausted with low self-esteem.
32. Five Corners	Releases Low Self-Esteem. Enhances Acceptance of Self.
33. Flannel Flower	Releases Being Insensitive and Difficulty Communicating Feelings. Enhances Gentleness, Expression of Feelings and Openness.
34. Freshwater Mangrove	Releases Prejudices and Feeling Inexperienced. Enhances Feeling open to new experiences and people.
35. Fringed Violet	Releases Low Energetic Protection. Enhances and Strengthens Energetic Field.
36. Gentian	Discouraged and depressed when things go wrong or when you are faced with even small changes.
37. Gorse	Feeling hopeless and have given up.
38. Green Essence	Releases Emotional Distress. Enhances Purifying.
39. Green Spider Orchid	Releases Negative Experiences from the Past. Enhances Discernment in Communication.
40. Grey Spider Flower	Releases Psychic Forces and Dreams. Enhances Faith, Calm and Courage
41. Gynea Lily	Releases Arrogance, Attention Seeking and Craving Status. Enhances Humility, Awareness and Appreciation of Others.
42. Heather	Unhappy being alone for any length of time, always seeking companionship and find it necessary to discuss your affairs with others, no matter who it may be.
43. Hibbertia	Releases Excessive Self-Discipline, Superiority and Needing to be a Perfectionist. Enhances Being Content with your own Knowledge.
44. Holly	Suffer from angry thoughts such as jealousy, envy, revenge and/or suspicion.
45. Honeysuckle	Unable to break free from old ties or to move forward and make the necessary changes in order to be happy.



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Flower	What it is good for
46. Hornbeam	Insufficient mental or physical strength to carry the daily burdens.
47. Illawarra Flame Tree	Releases Feeling a Sense of Rejection and Feeling Uncomfortable with Responsibility. Enhances Confidence, Commitment, Self-Reliance and Approval.
48. Impatiens	Little or no patience with others, prefer to work alone. An impatient attitude and persistent stress.
49. Isopogon	Releases Stubbornness and having a Controlling Personality. Enhances Learning from past experience and Relating without Manipulating.
50. Jacaranda	Releases Feeling Scattered, Changeable, Dithering and Rushing. Enhances Decisiveness and Feeling Centred.
51. Kangaroo Paw	Releases Unawareness, Insensitivity and Ineptness. Enhances Kindness, Sensitivity and Being able to Relax.
52. Kapok Bush	Releases Apathy, Resignation and Discouragement. Enhances Willingness, Persistence and Perception.
53. Larch	Lacks self-esteem and confidence.
54. Lichen	Releases Not Knowing to Look For and Move into the Light When Passing Over. Enhances or Assists Separation Between the Physical and Etheric Body.
55. Little Flannel Flower	Releases Seriousness in Children and Grimness in Adults. Enhances Feeling Carefree, Playfulness and Joyfulness.
56. Macrocarpa	Releases Feeling Drained and Jaded. Enhances Enthusiasm and Inner Strength.
57. Mimulus	Fear of illness, being alone, losing a job, fear of speaking or the fear of dogs, spiders, etc. Also, debilitating shyness.
58. Mint Bush	Releases Perturbation and Confusion. Enhances Clarity and Calmness.
59. Moga Waratah	Releases Emotional Distress Associated with Exposure to Heat and Sun. Enhances Feeling Comfortable with Fire, Sun and Heat.
60. Mountain Devil	Releases Hostility, Holding Grudges and Suspiciousness. Enhances Happiness, Healthy Boundaries and Forgiveness.



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Flower	What it is good for
61. Mulla Mulla	Releases Emotional Distress Associated with Exposure to Heat and Sun. Enhances Feeling Comfortable with Fire, Sun and Heat.
62. Mustard	Suddenly depressed without any reason, happiness and cheerfulness disappear.
63. Oak	An over-achiever, work-alcoholic and ignores exhaustion
64. Old Man Banksia	Releases Feeling Disheartened and Frustrated. Enhances Enjoyment of Life and Renews Enthusiasm.
65. Olive	No energy, vitality and interest in life.
66. Paw Paw	Releases Feeling Overwhelmed and Unable to Resolve Problems. Enhances Assimilation of New Ideas, Calmness and Clarity.
67. Peach-flowered Tea-tree	Releases Feeling Uncommitted, Easily Bored and Hypochondria. Enhances the Ability to Complete Projects and Personal Stability.
68. Philotheca	Releases the Inability to Accept Acknowledgement and Excessive Generosity. Enhances the Ability to Let in Praise and Looking After Own Needs.
69. Pine	Never content with your efforts and results, feel guilt and self-reproach, often for other people's mistakes or just anything that goes wrong.
70. Pink Flannel Flower	Releases Feeling Unappreciative, Unhappy and Taking for Granted. Enhances Gratitude, Feeling Open-Hearted and Appreciative.
71. Pink Mulla Mulla	Releases Feeling Guarded to Prevent Being Hurt and Keeping People at a Distance. Enhances Trusting and Opening Up.
72. Red Chestnut	Anxious and afraid that some unfortunate things may happen to your loved ones.
73. Red Grevillea	Releases Feeling Stuck, Reliant On Others and Oversensitive.
74. Red Helmet Orchid	Releases Rebelliousness, Being Hot-Headed and Selfishness. Enhances Sensitivity, Respect and Consideration.
75. Red Lily	Releases Being Vague, Feeling Disconnected and having a Lack of Focus. Enhances Feeling Grounded, Focused and Living in the Present.



Flower	What it is good for
76. Red Suva Frangipani	Releases Emotional Upheaval and Rawness. Enhances Feeling Calm, Nurtured and Emotional Resilience.
77. Rock Rose	Experiencing fears, scares or terror causes one to freeze unable to move and or think clearly.
78. Rock Water	Expect too much of yourself.
79. Rough Bluebell	Releases Being Deliberately Hurtful, Manipulative, Exploitive or Malicious. Enhances Compassion and Sensitivity.
80. Scleranthus	Unable to make simple decisions.
81. She Oak	Releases Female Emotional Imbalance. Enhances Emotionally Open to Conceive and Female Emotional Balance.
82. Silver Princess	Releases Feeling Aimless, Flat and Having a Lack of Direction. Enhances Motivation, Direction and Life purpose.
83. Slender Rice Flower	Releases Prejudice, Racism and Narrow-mindedness. Enhances Humility, Group Harmony and Cooperation
84. Southern Cross	Releases having a Victim Mentality, Complaining and Bitterness. Enhances Personal Power, Taking Responsibility and Positiveness.
85. Spinifex	Releases the Sense of Being a Victim of Illness. Enhances or Aids Empowerment Through Intuitive Awareness of the Body.
86. Star of Bethlehem	The distress and unhappiness feels unbearable when you experience trauma, serious news, loss of someone dear, the fright following an accident etc.
87. Sturt Desert Pea	Releases Sorrows. Enhances Letting Go and Triggers Healthy Grieving.
88. Sturt Desert Rose	Releases Guilt, Regret, Remorse and Being Easily Influenced. Enhances Courage, Conviction, Being True to Self and Integrity.
89. Sundew	Releases Indecisiveness, Lack of Focus and Daydreaming. Enhances Groundedness, Being Focused and Living in the Present
90. Sunshine Wattle	Releases Feeling Stuck in the Past and Expectations of a Grim Future. Enhances Optimism, Acceptance and Being Open to a Bright Future.



Flower	What it is good for
91. Sweet Chestnut	Your mind or body feels as if it has tolerated the uttermost limit of its endurance. It feels as though there is nothing, but destruction and annihilation left to face.
92. Sydney Rose	Releases Feeling Separated, Deserted, Unloved or Morbid. Enhances Feeling Safe and at Peace, Compassion and Unity.
93. Tall Mulla Mulla	Releases Feeling Fearful of Mixing with Others and Avoiding Confrontation. Enhances Feeling Relaxed with others and Encourages Interaction.
94. Tall Yellow Top	Releases Loneliness, Isolation and Abandonment. Enhances a Sense of Belonging and the Ability to Reach Out.
95. Turkey Bush	Releases Creative Blocks and Disbelief in your Own Ability. Enhances Inspiration, Renews Artistic Confidence and Focus.
96. Vervain	Strong-willed and hold strong views. Putting unnecessary effort into everything you undertake, your mind races ahead of events, often suffer from lack of sleep due to an overactive mind.
97. Vine	Difficult to respect other people's views and ideas, tend to try to persuade other people to do things your way.
98. Walnut	Unable to break free from old ties or to move forward and make the necessary changes in order to be happy.
99. Waratah	Releases the Inability to Respond. Enhances Courage, Tenacity and Adaptability.
100. Water Violet	Often a loner, cold or warm relationships with other people. Often find lonely.
101. Wedding Bush	Releases Difficulty with Commitment. Enhances Dedication to Purpose.
102. White Chestnut	Mind is cluttered, often with negative thoughts.
103. Wild Oat	Unable to make life decisions.
104. Wild Potato Bush	Releases Feeling Weighed Down or Encumbered. Enhances Freedom, the Ability to Move On and Renewed Enthusiasm.
105. Wild Rose	Unable to take responsibility for your own life, work and the world in general.



Flower	What it is good for
106. Willow	Feel sorry for yourself, have suffered adversity or misfortune and find it difficult to accept.
107. Wisteria	Releases Being Closed Sexually and Macho Male Attitude. Enhances Sexual Openness and Gentleness.
108. Yellow Cowslip Orchid	Releases Being Critical, Judgmental and Bureaucratic. Enhances Humanitarian Concern, Impartiality and Being Constructive.

QUANTUM CHAKRAS

1. Crown Chakra	4. Heart Chakra	7. Root Chakra
2. Third Eye Chakra	5. Solar Plexus Chakra	
3. Throat Chakra	6. Sacral Chakra	

INNER VOICE

1. (C) Zone 1	5. (E) Zone 5	9. (G#) Zone 9
2. (C#) Zone 2	6. (F) Zone 6	10. (A) Zone 10
3. (D) Zone 3	7. (F#) Zone 7	11. (A#) Zone 11
4. (D#) Zone 4	8. (G) Zone 8	12. (B) Zone 12

QUICK SCAN

1. Morning 1	9. Super Charger 1	17. Relax 3
2. Morning 2	10. Super Charger 2	18. Grounding 1
3. Morning 3	11. Super Charger 3	19. Grounding 2
4. Evening 1	12. Focus 1	20. Grounding 3
5. Evening 2	13. Focus 2	21. Neuro Aerobics 1
6. Evening 3	14. Focus 3	22. Neuro Aerobics 2
7. Energetic Clearing	15. Relax 1	23. Neuro Aerobics 3
8. Energetic Shield	16. Relax 2	



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- | | | |
|------------------------------------|--|---------------------------------|
| 1. ADD ADHD Support | 19. Female
Endocrine
Support Plus | 37. Prostate Support |
| 2. Adrenal Thyroid
Support | 20. Graviola Immune
Support | 38. Protozoa Trav Plus |
| 3. AntiStress Support | 21. Heart Plus | 39. Psora Plus (Miasm)
Detox |
| 4. Arteriol Sclerosis Plus | 22. His Hers Endocrine
Reproductive Support | 40. Radiation Detox |
| 5. Aspartame Plus Detox | 23. Herpes Simplex Detox | 41. Sciatica Support |
| 6. Aspergillus Plus
Detox | 24. Hypertension
Circulation Support | 42. Silicone Detox |
| 7. Bacteria Detox | 25. Insect Detox | 43. Sinus Plus Allergy |
| 8. Baptisia Tinctoria 3X | 26. Insomnia Detox | 44. Sleep EZ |
| 9. Body
Systems
Support | 27. Lithium Plus | 45. Sycosis (Miasm)
Detox |
| 10. Camu C Plus | 28. Lyme Detox | 46. Syphilinum (Miasm)
Detox |
| 11. Candida Detox | 29. Mammary Plus | 47. Trace Mineral
Complete |
| 12. Carcinosis Detox | 30. Menopause Support | 48. Ultimate Emotions |
| 13. Cerebral Detox | 31. Metal Plus Detox | 49. Vaccination Detox |
| 14. Chemical Detox | 32. Mold Fungus Detox | 50. Verma Plus Detox |
| 15. Dental Detox | 33. Nerve Eze Plus | 51. Virus Detox |
| 16. Diabetes Assist | 34. Neuro Endocrine
Support Plus | |
| 17. Epstein Bar Virus
Detox | 35. Nicotine Detox | |
| 18. E.coli Giardia
Amoeba Detox | 36. Pesticide Detox | |



Name	Usage
<p>1. ADD/ADHD SUPPORT (24 homeopathic remedies, 20 herbals)</p>	<p>ATTENTION DEFICIT/HYPERACTIVITY DISORDER SUPPORT Chronic neurological condition that includes attention difficulty, hyperactivity, restlessness, and impulsiveness. Trouble paying attention (easily sidetracked). Doesn't like or avoids long mental tasks (such as homework). Trouble staying on task during school, at home, or even at play Disorganized and seems forgetful. Doesn't appear to listen when directly spoken to Doesn't pay close attention to details. Interrupting conversations, acting without thinking Little or no sense of danger.</p>
<p>2. ADR THY SUPPORT</p>	<p>ADRENAL-S & THYROID SUPPORT ADRENAL GLANDS: Pair of ductless glands sitting on top of the kidneys Produce hormones that help regulate your metabolism, immune system, blood pressure, response to stress and other essential functions</p> <p>THYROID GLAND: Makes hormones that help control vital functions of the body; hormones that help regulate the body's metabolic that controls heart, muscles, and digestive function</p>
<p>3. ANTI-STRESS SUPPORT</p>	<p>Help alleviate stress Serves to prevent emotional or physical stress Support self-care to help reduce stress and anxiety</p>
<p>4. ARTERIOL SCLEROSIS PLUS (5 homeopathic remedies, 20 herbals)</p>	<p>Form of cardiovascular disease involving hardening and loss of elasticity of arterioles or small arteries - Thickening of the arteriole walls Fatty deposits that reduce and obstruct blood flow</p>



Name	Usage
<p>5. ASPARTAME PLUS DETOX</p>	<p>Harmful artificial non-saccharide sweetener Classified as carcinogenic to humans - Far worse than sugar Studies link this to weight gain, increased appetite, diabetes, metabolic derangement and obesity-related diseases Severe side effects for certain people with the genetic disease phenylketonuria (PKU), those with advanced liver disease, and pregnant women with hyperphenylalanine (high levels of phenylalanine in blood) who do not effectively metabolize the amino acid phenylalanine in aspartame</p>
<p>6. ASPERGILLUS PLUS DETOX (7 homeopathic remedies, 20 herbals)</p>	<p>Infection caused by <i>Aspergillus</i>, a common mold (type of fungus) that lives indoors and outdoors People with weakened immune systems or lung diseases are at higher risk of developing health problems due to <i>Aspergillus</i> Allergic reactions, lung infections, and infections in other organs</p>
<p>7. BACTERIA DETOX</p>	<p>All types of (bad) bacteria that are non-beneficial to the microbiome and can result in infections</p>
<p>8. BAPTISIA TINCTORIA 3X (Wild Indigo)</p>	<p>Blood poisoning, delirium, gastric fever, intestinal toxemia (of children), septicemia, swollen heavy eyelids, audible palpitations.</p>
<p>9. BODY SYSTEMS SUPPORT (69 homeopathic remedies, 20 herbals)</p>	<p>Full body system support covered under a collection of all Body Systems that work together to serve a common purpose: growth, reproduction, survival.</p>



Name	Usage
<p>10. CAMU C (60x stronger than orange)</p>	<p>Whole food vitamin C from camu camu berries Contains natural quercetin Tests for C-reactive protein (CRP) markers for inflammation showed Camu C really brings down the C-reactive protein markers down - significantly! (C-reactive protein (CRP) is a protein made by the liver. CRP levels in the blood increase when there is a condition causing inflammation somewhere in the body. A CRP test measures the amount of CRP in the blood to detect inflammation due to acute conditions or to monitor the severity of disease in chronic conditions.) From neurological standpoint for brain and nerve function, Camu Camu has proven to increase serotonin (feel good kind) levels and serotonin cycling</p>
<p>11. CANDIDA DETOX</p>	<p>For Candidiasis, a fungal infection caused by a yeast (a type of fungus) called Candida. Some species of Candida can cause infection in people, the most common is Candida albicans. Candida normally lives on the skin and inside the body, in places such as the mouth, throat, gut, and vagina, without causing any problems.</p>
<p>12. CARCINOSII DETOX (miasm)</p>	<p>Carcinosii/carcinosin miasm. Shows up as a genetic family tendency towards cancer.</p> <p>Carcinosin has a strong affinity to the immune system. Carcinosin is a miasmatic homeopathic nosode remedy - derived from breast cancer. When the body is out of balance, the immune system becomes unable to clearly define what belongs to it and what is foreign. It will attack the body in the same way that it does any foreign material giving rise to all kinds of chronic inflammation, fevers and autoimmune problems, chronic allergies, viral infections, and even chronic skin problems such as psoriasis.</p>



Name	Usage
13. CEREBRAL DETOX	CEREBRAL - BRAIN DETOX - CEREBRAL FLUID Related to the brain; Brain detoxification from toxins Attained via deep restorative sleep during sleep hours of 7+ Sleep habits must include dark room, cool temperature, avoid eating 3 hours before bed for a successful brain detox
14. CHEMICAL DETOX	Detox from exposure to toxic pollutants, synthetic substances, heavy metals, plastics. Ingesting man-made chemicals BPAs, DDT, PCB, etc.
15. DENTAL DETOX	Root canals, mercury fillings Possible infection from dental procedure
16. DIABETES ASSIST (15 homeopathic remedies)	Body's inability to make enough insulin Lack of insulin causes cells to stop responding to insulin resulting in too much sugar remaining in bloodstream Frequent urination, excessive thirst, extreme hunger, blurry vision, weakness and fatigue, pins and needles Can be used with Sycosis Detox
17. EPSTEIN BAR VIRUS DETOX	Also known as human herpesvirus 4, a member of the herpes virus family. It is one of the most common human viruses. It spreads primarily through saliva and can cause the infection 'Mononucleosis' which can cause swollen tonsils, headache, sweats, sore throat, swollen lymph nodes in neck and sometimes an enlarged spleen.



Name	Usage
<p>18. E. COLI GIARDIA AMOEBA DETOX</p>	<p>ECOLI: Escherichia coli, also known as E. coli, is a Gram-negative, facultative anaerobic, rod-shaped, coliform bacterium commonly found in the lower intestine Bacteria found in the environment, foods, and intestines of people and animals</p> <p>GIARDIA: Parasites that live in the intestines of people and animals Parasite that attaches itself to the lining of the small intestines in human They thrive in contaminated food, water, and soil, and can survive outside a host for long periods of time</p> <p>AMOEBIA: Entamoeba histolytica (E. histolytica) parasite A single-celled organism People can get this parasite by eating or drinking something that's contaminated with it. Amoeba lives quietly in their gut, feeding on bacteria without causing trouble. But in others, the parasite attacks the gut itself and can cause potentially fatal diarrhea, intestinal ulcers, and liver abscesses</p>
<p>19. FEMALE ENDOCRINE SUPPORT (23 homeopathic remedies, 20 herbals)</p>	<p>Support hormone secreting organs Support hormones that help coordinate metabolism, growth, reproduction, development, control emotions, mood, sexual function Control how hormones are secreted.</p>
<p>20. GRAVIOLA IMMUNE SUPPORT</p>	<p>GRAVIOLA (SOURSOP) Help maintain smooth digestive function Support immune health Support antioxidant health Help fight free radicals that damage cells Help maintain healthy blood pressure</p>



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Name	Usage
	<p>Help increase T-cells (the fighter cells) Cancer support</p>
<p>21. HEART PLUS</p>	<p>Energetically supports the heart. It's the frequency equivalent of CoQ10 ubiquinol.</p>
<p>22. HIS/HER ENDOCRINE REPRODUCTIVE SUPPORT (18 homeopathic remedies, 20 herbals)</p>	<p>Fertility support Control production of sex hormones (estrogen in women, testosterone in men), and production of eggs in women and sperm in men Reproductive organs that involve sexual activity, fertility, menstruation, and reproduction (Female) Regulate hormones produced by the hypothalamus, pituitary, and ovaries</p>
<p>23. HERPES SIMPLEX DETOX</p>	<p>Herpes simplex virus 1 and 2 (HSV-1 and HSV-2) Also known by their taxonomical names Human alphaherpesvirus 1 and Human alphaherpesvirus 2 Set of viruses that produce viral infections in the majority of humans. Both HSV-1 and HSV-2 are common and contagious</p>
<p>24. HYPERTENSION/ CIRCULATION SUPPORT (15 homeopathic remedies, 20 herbals)</p>	<p>High blood pressure, common disorder of the circulatory system Coronary artery disease, narrowed and damaged due to high blood pressure High blood pressure with image to small blood vessels in legs causing poor circulation High blood pressure with alterations in the cerebral artery structure and function that can impair blood flow Affected organs include heart, kidney, brain, and arterial blood vessels</p>
<p>25. INSECT DETOX</p>	<p>For insect bites and insecticides(type of pesticides used to kill insects). Nicotine has been used as insecticides and pesticides.</p>



Name	Usage
<p>26. INSOMNIA DETOX</p>	<p>For lack of sleep, sleep disorders, When the brain is unable to perform the detoxification process. Mental capacity is disarrayed. Treating underlying causes to improve sleep habits and behavior.</p>
<p>27. LITHIUM PLUS</p>	<p>Mood support/stabilizer Depression, anxiety Mood support specifically for bipolar disorder, mania Support reduction of symptoms in ADHD, eg: anger, aggression, focus, concentration</p>
<p>28. LYME DETOX</p>	<p>Tick-borne illness caused by the bacterium <i>Borrelia Burgdorferi</i>, and rarely, <i>Borrelia Mayonii</i>.</p>
<p>29. MAMMARY PLUS DETOX</p>	<p>MAMMARY PLUS - MAMMARY GLAND ACTIVATION Energetically supports lymphatic drainage in the breast area. It can also support other areas of the body that need drainage.</p> <p>For the Mammary glands and the Breasts. Their primary function is to secrete milk and a system of ducts that transport milk to the nipple. Present in both sexes, but usually functional only in females. Progesterone stimulates the development of the duct system. During pregnancy, these hormones enhance further development of the mammary glands. Prolactin from the anterior pituitary stimulates the production of milk within the glandular tissue, and oxytocin causes the ejection of milk from the glands</p>
<p>30. MENOPAUSE SUPPORT (25 homeopathic remedies)</p>	<p>Support in the 3 stages: perimenopause, menopause, post menopause. Ovaries in atrophy, decline in hormone production estrogen and progesterone. Support during menstrual cycle fluctuations, patterns of periods, frequency, intensity.</p>



Name	Usage
31. METAL PLUS DETOX	Exposure to toxic pollutants, synthetic substances, heavy metals, plastics - Ingesting man-made chemicals
32. MOLD FUNGUS DETOX	For a number of fungal species, Molds and masses of vegetative filaments and fruiting structures produced by various fungi. The main difference between mold and fungus is that mold is a multicellular, filamentous fungi whereas fungus is unicellular.
33. NERVE EZ PLUS (20 homeopathic remedies)	Nervous System support, includes Central Nervous System, Peripheral Nervous System, Autonomic Nervous System Support for the brain, spinal cord, medulla, cerebellum, midbrain, cerebral hemispheres, and network of nerves. Support and control of thoughts and emotions. Support for the longest cranial nerve: Vagus Nerve. Support for the longest of all the body's nerves: Sciatic Nerve.
34. NEURO- ENDOCRINE SUPPORT PLUS (14 homeopathic remedies)	Supports neurotransmitters in the brain, gut, nervous system Network of nerves and gland cells Main support to focus on the interactions between the nervous system and endocrine system - Covers support for: hypothalamus, pituitary, thyroid, adrenal glands
35. NICOTINE DETOX	Nicotine is a highly toxic and addictive chemical constituent of tobacco that can block the action of autonomic nerve and skeletal muscle cells. Nicotine has been used as insecticides and pesticides
36. PESTICIDE DETOX	Pesticides are Chemicals used to kill fungus, bacteria, insects, plant diseases, snails, slugs, or weeds. These are also named insecticides, herbicides, rodenticides, bactericides, fungicides, larvicides.



Name	Usage
<p>37. PROSTATE SUPPORT (5 homeopathic remedies, 20 herbals)</p>	<p>Support for the male reproductive system, which includes the penis, prostate, seminal vesicles, and testicles. Support for the muscle-driven mechanical switch between urination and ejaculation.</p>
<p>38. PROTOZOA TRAV PLUS (20 herbals + 45 parasite frequencies)</p>	<p>Intestinal parasite. Pathogen common to travelers. Intracellular parasite which enters a host cell, inhabiting cells in the host's body.</p>
<p>39. PSORA PLUS DETOX (Miasm)</p>	<p>Psora/tuberculinum miasm detox. Psora/tuberculinum refers to different strains of tuberculosis in the family line. This can show up as a predisposition to asthma, psoriasis, eczema, skin eruptions, rashes, and anything upper respiratory such as bronchitis, allergies, pneumonia, etc. Psoriasis is a contagious, intensely itchy skin condition caused by a tiny, burrowing mite. A scabies-like skin eruption</p>
<p>40. RADIATION DETOX</p>	<p>Radiating energy in the form of waves or particles (light, heat, X-ray, nuclear) that can damage the cells that make up the body Alpha, Beta, or Gamma: Gamma rays are the most harmful external hazard. Beta particles can partially penetrate skin, causing "beta burns". Alpha particles cannot penetrate intact skin. Gamma and x-rays can pass through a person damaging cells in their path.</p>
<p>41. SCIATICA SUPPORT (20 homeopathic remedies)</p>	<p>Support for the longest and largest nerve in the human body: Sciatic Nerve, running from lower back through back of leg, and down to the toes Support for the collection of nerve fibers in the lower spine</p>



Name	Usage
<p>42. SILICONE DETOX</p>	<p>To detox from silicone breast implants. Breast explant support</p>
<p>43. SINUS PLUS ALLERGY</p>	<p>A Sinus Allergy can be triggered by seasonal pollens or encounters with dander from animals. Nasal congestion Post-nasal drip Symptoms related to eyes, nose, throat, headaches, etc.</p>
<p>44. SLEEP EZ</p>	<p>To help attain 7+ hours of sleep that includes deep restorative sleep that can support brain detoxification. Sleep habits must include dark room, cool temperature, avoid eating 3 hours before bed for a successful brain detox</p>
<p>45. SYCOSIS DETOX (Miasm)</p>	<p>Sycosis/gonococcinum miasm detox Sycosis/gonococcinum indicates gonorrhea in the family line in past generations and predisposes families to skin tags, cancer, diabetes, osteoporosis, osteopenia, heart issues, plaque in the arteries, kidney stones, ADD/ADHD, cataracts, etc.</p> <p>Sycotic miasm is held to be responsible for many sexual and urinary disorders. Affections of the joints and the mucous membranes. Inertia of the system with inability to respond are its main expression. Conditions worsened by damp weather and by contact with the sea.</p>
<p>46. SYPHILINUM DETOX (Miasm)</p>	<p>Syphilis/luesinum miasm detox Syphilitic miasm is oxygenoid, and is characterized by destruction. Oxygenoid is characterized by the accumulation of excess of oxygen with resultant destruction of tissues. The Body is thin and thus ill with the change of season. Homeopathic treatment can't undo the damage, but can stop the trait being passed on. Symptoms are worse at night, worse from sunset to sunrise, and worse for the heat of the bed.</p>



Name	Usage
47. TRACE MINERAL COMPLETE	Has the frequency signature of 70+ trace minerals. Trace minerals are essential part of health and well-being. They include minerals like copper, zinc, iron, selenium, etc.
48. ULTIMATE EMOTIONS	For detoxing/free self from negative emotions. Attain positive emotions that are free of stress, sadness, depression, or anxiety
49. VACCINATIONS DETOX	Vaccinosis (state of energetic imbalance following vaccinations) Having anaphylactic (allergic) reactions or life-threatening illnesses to vaccinations
50. VERMA PLUS	For pests or nuisance animals that spread diseases (lice, fleas, rats, rodents, etc.).
51. VIRUS DETOX	For detox from any and all types of infectious agents that can replicate inside the living cells of an organism

SEFI DOTS

SEFI dot	Description
Allergy Defense	A proprietary frequency mix that supports and enhances the body's normal histamine levels.
Arthritis	A proprietary frequency mix that supports and enhances the body's joints, connective tissue, and collagen



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SEFI dot	Description
Cellular Restore	A proprietary frequency mix that supports and enhances the body's normal stem cell activity and glutathione production.
Energetic Balance	A proprietary frequency mix that supports and enhances the body's normal abilities to maintain energetic balance in unstable
Energetic Clear Shield	A proprietary frequency mix that supports and enhances the body's normal abilities to block EMF, 5G & 6G radiation as well
Energy Endurance	A proprietary frequency mix that supports and enhances the body's normal stamina levels.
Immune Defense	A proprietary frequency mix that supports and enhances the body's normal immune response to bacteria, pathogens, and
Mood	A proprietary frequency mix that supports and enhances the body's normal hormone balance with a focus on the proper
Pain	A proprietary frequency mix that supports and enhances the body's normal abilities to respond to pain in a more natural
Perfect Body	A proprietary frequency mix that supports and enhances the body's normal metabolism and elimination.
Sleep	A proprietary frequency mix that supports and enhances the body's normal ability to naturally calm and quiet the mind
Youth Eternal	A proprietary frequency mix that supports and enhances the body's normal stress and inflammation responses allowing the



QUANTUM HOMEOPATHICS

- | | |
|-----------------------------|----------------------------------|
| 1. Abrotanum Artemisia | 43. Arsenicum Sulph Flav |
| 2. Acalypha Indica | 44. Arum Triphyllum |
| 3. Acetic Acid | 45. Arundo Mauritanica |
| 4. Achyranthes Calea | 46. Asafoetida |
| 5. Aconitum Napellus | 47. Asarum Canadense |
| 6. Actaea Spicata | 48. Asarum Europaeum |
| 7. Aesculus Hippocastanum | 49. Aspirin |
| 8. Aethusa Cynapium | 50. Astacus Fluviatilis |
| 9. Agaricus Muscarius | 51. Asterias Rubens |
| 10. Agave Americana | 52. Aurum Arsenic |
| 11. Agnus Castus | 53. Aurum Metallicum |
| 12. Ailanthus Glandulosa | 54. Aurum Muriaticum |
| 13. Alfalfa | 55. Aurum Muriaticum Natronatum |
| 14. Allergena | 56. Aurum Sulphuricum |
| 15. Allium Cepa | 57. Avena Sativa |
| 16. Allium Sativum | 58. Ayurvedic Hydroxychloroquine |
| 17. Aloe Socotrina | 59. Bacillus Coli |
| 18. Aloe Vera | 60. Bacillus Faecalis |
| 19. Alumen Crud | 61. Bacillus Sycoccus |
| 20. Alumina | 62. Baptisia Tinctoria |
| 21. Ambra Grisea | 63. Baryta Acetica |
| 22. Ambrosia | 64. Baryta Carbonica |
| 23. Ammonium Carbonicum | 65. Baryta Iodata |
| 24. Ammonium Muriaticum | 66. Baryta Muriatica |
| 25. Amyl Nitrosum | 67. Belladonna |
| 26. Anacardium Orientale | 68. Bellis Perennis |
| 27. Anantherum Muricatum | 69. Benzoic Acid |
| 28. Androctonus | 70. Berberis Aquifolium |
| 29. Andrographis Paniculata | 71. Berberis Vulgaris |
| 30. Antimonium Crudum | 72. Bismuth |
| 31. Antimonium Sulph | 73. Blatta Orientalis |
| 32. Antimonium Tartaricum | 74. Borax |
| 33. Apis Mellifica | 75. Bothrops Lanceolatus |
| 34. Apocynum Cannabinum | 76. Bovista |
| 35. Aralia Quinquefolia | 77. Bromium |
| 36. Aralia Racemosa | 78. Bryonia Alba |
| 37. Aranea Diadema | 79. Bufo Rana |
| 38. Argentum Metallicum | 80. Bungaris Krait |
| 39. Argentum Nitricum | 81. Cactus Grandiflorus |
| 40. Arnica Montana | 82. Cadmium Sulph |
| 41. Arsenicum Album | 83. Caladium |
| 42. Arsenicum Iodatum | 84. Calcareo Carbonica |



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|---------------------------------|-----------------------------|
| 85. Calcarea Iodata | 129. Colocynthis |
| 86. Calendula Officinalis | 130. Colostrum |
| 87. Camphora | 131. Comocladia |
| 88. Cannabis Indica | 132. Conchiolinum |
| 89. Cannabis Sativa | 133. Condurango |
| 90. Cantharis | 134. Conium Maculatum |
| 91. Capsella Bursa Pastoris | 135. Copaiva Officinalis |
| 92. Capsicum | 136. Cortisone |
| 93. Carbo Animalis | 137. Crataegus Oxyacantha |
| 94. Carbo Vegetabilis | 138. Creosote |
| 95. Carbolic Acid | 139. Crocus Sativa |
| 96. Carduus Marianus | 140. Crotalus Horridus |
| 97. Carica Papaya | 141. Croton Tiglium |
| 98. Cascarilla | 142. Culex |
| 99. Caulophyllum Thalictroides | 143. Cuprum Aceticum |
| 100. Causticum | 144. Cuprum Arsenicosum |
| 101. Ceanothus | 145. Cuprum Metallicum |
| 102. Cedron | 146. Curare |
| 103. Chamomilla | 147. Cyclamen Europaeum |
| 104. Chelidonium Majus | 148. Cypridemium |
| 105. Chenopodium Anthelminticum | 149. Damiana |
| 106. Chenopodium Vulvaria | 150. Daphne Indica |
| 107. Chimaphila Umbellata | 151. Digitalis Purpurea |
| 108. China Officinalis | 152. Dioscorea |
| 109. Chinimum Ars | 153. Diverticulitis |
| 110. Chininum Sulphuricum | 154. Dolichos |
| 111. Chionanthus | 155. Drosera |
| 112. Chocolate | 156. Dulcamara |
| 113. Cholesterinum | 157. Dysentery Bacillus |
| 114. Chromic Acid | 158. Echinacea Ang |
| 115. Cicuta Virosa | 159. Eel Serum |
| 116. Cimex | 160. Elaps Cor |
| 117. Cimicifuga | 161. Elaterium |
| 118. Cina | 162. Embelia Ribes |
| 119. Cinchona | 163. Epiphegus |
| 120. Cistus Canadensis | 164. Equisetum |
| 121. Clematis | 165. Erigeron Canadensis |
| 122. Cobaltum | 166. Eucalyptus |
| 123. Coca | 167. Eupatorium Perfoliatum |
| 124. Cocculus Indicus | 168. Eupatorium Purpureum |
| 125. Coccus Cacti | 169. Euphrasia Officinalis |
| 126. Coffea Cruda | 170. Fagopyrum |
| 127. Colchicum Autumnale | 171. Ferrum Metallicum |
| 128. Collinsonia Canadensis | |



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|--------------------------------|------------------------------|
| 172. Ferrum Mur | 216. Joborandi |
| 173. Filix Mas | 217. Jonosia |
| 174. Fluoric Acid | 218. Justicia Adhatoda |
| 175. Folliculinum | 219. Kali Ars |
| 176. Formica Rufa | 220. Kali Bichromicum |
| 177. Fraxinus Americana | 221. Kali Bromatum |
| 178. Fraxinus Excelsior | 222. Kali Carbonicum |
| 179. Gaertner Bacillus | 223. Kali Chloricum |
| 180. Galega Officinalis | 224. Kali Cyanatum |
| 181. Galphimia Glauca | 225. Kali Iodatum |
| 182. Gelsemium | 226. Kali Nitricum |
| 183. Gelsemium Sempervirens | 227. Kalmia |
| 184. Gentiana Lutea | 228. Kreosotum |
| 185. Germanium | 229. Lac Caninum |
| 186. Glonoinum | 230. Lac Vaccinum Defloratum |
| 187. Gnaphalium Polycephalum | 231. Lachesis Mutus |
| 188. Granatum | 232. Lachnanthes Tinctoria |
| 189. Graphites Naturalis | 233. Lapis Albus |
| 190. Grindelia Robusta | 234. Lathyrus Sativa |
| 191. Guaiacum | 235. Latrodectus Hasselti |
| 192. Gymnema Sylvestre | 236. Latrodectus Katipo |
| 193. Hamamelis Virginiana | 237. Latrodectus Mactans |
| 194. Hekla Lava | 238. Laurocerasus |
| 195. Helleborus | 239. Ledum Palustre |
| 196. Helonias | 240. Lemna Minor |
| 197. Hepar Sulphuris Calcareum | 241. Leptandra |
| 198. Hippozaenum | 242. Lilium Tigrinum |
| 199. Histaminum | 243. Lithium Carb |
| 200. Holarrhoeana | 244. Lobelia Inflata |
| 201. Hura Braz | 245. Long Hauler |
| 202. Hydrangea Arborescens | 246. Luesa |
| 203. Hydrastis Canadensis | 247. Lycopodium Clavatum |
| 204. Hydrocotyle | 248. Lycopus |
| 205. Hyoscyamus Niger | 249. Magnesia Carbonica |
| 206. Hypericum Perforatum | 250. Magnesia Murata |
| 207. Iberis | 251. Magnetis Polus Arcticus |
| 208. Ichthyolum | 252. Mancinella |
| 209. Ignatia Amara | 253. Melatonin |
| 210. Influenzimun | 254. Melilotus Alba |
| 211. Insulinum | 255. Melissa Officinalis |
| 212. Iodium | 256. Menyanthes Trifoliata |
| 213. Ipecacuanha | 257. Mephitis |
| 214. Iris Versicolor | 258. Mercurius Corrosivus |
| 215. Jequirity | |



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259. Mercurius Cyanatus
260. Mercurius Iodatus Flavus
261. Mercurius Iodatus Ruber
262. Mercurius Solubilis
263. Mercurius Sulph
264. Mercurius Vivus
265. Mezereum
266. Millefolium
267. Morgan Bacillus
268. Morgan Gaertner
269. Morphinum Muriaticum
270. Moschus
271. Murex Purpurea
272. Muriatic Acid
273. Mutabile Bacillus
274. Myristica Sebifera
275. Naja
276. Naja Tripudia
277. Nat Mur
278. Natrum Ars
279. Natrum Carb
280. Natrum Salicylicum
281. Niccolum
282. Nitric Acid
283. Nuphar Lutea
284. Nux Mosch
285. Nux Vomica
286. Ocimum Canum
287. Ocimum Sanctum
288. Oleander
289. Onosmodium
290. Opium
291. Osmium
292. Ova Tosta
293. Oxalic Acid
294. Paeonia Officinalis
295. Palladium
296. Pancreatin
297. Pareira Brava
298. Paris Quadrifolia
299. Penicillin
300. Pertussinum
301. Petroleum

302. Petroselinum
303. Phosphoric Acid
304. Phosphorus
305. Physostigma Venenosum
306. Phytolacca Decandra
307. Picric Acid
308. Pituitrin
309. Plantago Major
310. Platina
311. Plumbum Metallicum
312. Plutonium Nitricum
313. Podophyllum
314. Proteus Bacillus
315. Prunus Spinosa
316. Psora
317. Psorinum
318. Pulsatilla
319. Quercus Glandium Spiritus
320. Radium Bromatum
321. Ranunculus Bulbosus
322. Raphanus Sat
323. Ratanhia
324. Rheum Palmatum
325. RhinAllergy
326. Rhododendron
327. Rhus Toxicodendron
328. Rhus Venenata
329. Ricinus Com
330. Robinia
331. Rumex
332. Ruta Graveolens
333. Sabadilla
334. Sabal Serrulata
335. Sabina
336. Sambucus Nigra
337. Sanguinaria Canadensis
338. Sanicula Aqua
339. Santoninum
340. Sarracenia Purpurea
341. Sarsaparilla
342. Scarlatinum
343. Scrophularia Nodosa



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- | | |
|---------------------------|---------------------------|
| 344. Scutellaria Lat | 380. Thallium Metallicum |
| 345. Secale Cornutum | 381. Theridion |
| 346. Selenium | 382. Thiosinaminum |
| 347. Senega | 383. Thuja Occidentalis |
| 348. Sepia Officinalis | 384. Thyroidinum |
| 349. Sol | 385. Titanium Carbonicum |
| 350. Solidago Vigaurea | 386. Traumeel |
| 351. Spigelia | 387. Tubercular |
| 352. Spongia Tosta | 388. Thymuline |
| 353. Squilla Maritima | 389. Typhoidinum |
| 354. Stannum Metallicum | 390. Uncaria Tomentosa |
| 355. Staphylococcin | 391. Upas Tiente |
| 356. Staphysagria | 392. Urtica Urens |
| 357. Stellaria Media | 393. Ustilago |
| 358. Sticta Pulmonaria | 394. Uva Ursi |
| 359. Stramonium | 395. Vaccinotoxinum |
| 360. Streptococcin | 396. Valeriana |
| 361. Strontia Carb | 397. Veratrum Album |
| 362. Strychninum Nitricum | 398. Veratrum Viride |
| 363. Sulphur | 399. Verbena Urticaefolia |
| 364. Sulphuric Acid | 400. Viburnum Opulus |
| 365. Sycosis | 401. Vinca Minor |
| 366. Sycotic Co | 402. Viola Odorata |
| 367. Symphytum Officinale | 403. Vipera Berus |
| 368. Syphilis | 404. Viscum Album |
| 369. Syphilis Luesa | 405. Wyethia |
| 370. Syzygium Jambolanum | 406. X-Ray |
| 371. Tabacum | 407. Zinc |
| 372. Taraxacum Officinale | 408. Zincum Metallicum |
| 373. Tarentula Cubensis | 409. Zincum Phosphoricum |
| 374. Tarentula Hispanica | 410. Zincum Valerianum |
| 375. Tatan | 411. Zizia Aurea |
| 376. Taxus | |
| 377. Tellurium | |
| 378. Terebinth | |
| 379. Teucrium Marum | |



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CELL SALTS

1. Calcarea Fluorica	6. Kali Phosphoricum	11. Natrum Sulphuricum
2. Calcarea Phosphoricum	7. Kali Sulphuricum	12. Silicea
3. Calcarea Sulphurica	8. Magnesia Phosphoricum	
4. Ferrum Phosphoricum	9. Natrum Muriaticum	
5. Kali Muriaticum	10. Natrum Phosphoricum	

NOSODES

1. Anthracinum	10. Meningococcinum	19. Staphylococcinum
2. Ardenalinum	11. Morbillinum	20. Streptococcinum
3. Bacillinum	12. Parotidinum	21. Streptomycinum
4. Carcininum	13. Pertussinum	22. Syphilinum
5. Diphtherinum	14. Pneumococcinum	23. Thiosinamine
6. Influenzinum	15. Psorinum	24. Tuberculinum Bovinum
7. Lyssinum	16. Pyrogenium	25. Vaccinum
8. Malandrinum	17. Rubella	26. Variolinum
9. Medorrhinum	18. Scirrhim	



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AO TUNE

BINAURAL		
1	Gamma	528 417
2	Schumann	62.64 54.81
PLANETARY FREQUENCIES		
1	Centering	126.22
2	Flower of Life, Alleviate Pain, Relax Muscles, Stress	128
3	Earth, Om, Relaxing, Soothing, Balancing	136.1
4	Pluto, Group Dynamics	140.64
5	Mercury, Intellectual Communication	141.27
6	Mars, Focused Energy, strength of Will	144.72
7	Saturn, Becoming Aware, Concentration	147.85
8	Geomagnetic Field, Immune Support	149.74
9	Hydrogen Gamma, Memory, Attention, Awareness	157.04
10	Earth Platonic Year, Clarity of Spirit, Cheerfulness	172.06
11	Chiron, Strength, Compassion, Wisdom	172.86
12	Sedna, ATP Production, Oxygenation	181.6
13	Jupiter, Creative Power	183.58
14	Culmination Cycle, Reduce Anxiety, Grounding	187.61
15	Earth Synodic Day, Dynamic, Vitalizing	194.18
16	Earth Sidereal Day, Improve Nervous System	194.71
17	Uranus, Surprise, Renewal	207.36
18	Moon Synodic, Sexual Energy and Communication	210.42
19	Neptune, Intuition, Dream Experience	211.44
20	Venus, Skin and Hair Rejuvenation	221.23
21	Moon Sidereal, Improves Sexual Energy	227.43
22	Metonic Cycle, Improves Reproductive Function	229.22
23	Moon Knot, Maintains Emotional Balance	234.16
24	Saros' Period, Improves Reproductive Function	241.56
25	Apsidis' Rotation, Focus, Meditation, Prayer	246.04
26	Schumann Resonance, Enhanced Learning, Memory	250.56
PLANETARY CHAKRA FREQUENCIES		
1	Solar Plexus, Power, Sun	126.22
2	Heart, Earth, Om, Love	136.1
3	Throat, Mercury, Communication	141.27
4	Crown, Earth Platonic Year, Spirituality	172.06
5	Root, Earth Synodic Day, Survival	194.18
6	Sacral, Moon Synodic, Sexuality	210.42
7	Third Eye, Venus, Intuition	221.23



SOLFEGGIO CHAKRA FREQUENCIES

1	Sky, EA, Reduce Pain, Alleviate Stress	174
2	Note C, DO, Centering	261.63
3	Root, VI, Energy, Rejuvenation	285
4	Sacral, UT, Liberating Guilt and Fear	396
5	Solar Plexus, RE, Undoing Situations and Facilitating Change	417
6	Crown, TI, Spirituality	480
7	Heart, MI, DNA Repair	528
8	Throat, FA, Relationships	639
9	Third Eye, SOL, Expression	741
10	Brow, LA, Awakening	852
11	Pituitary, DI, Communication with Divine	963

ORGANS

1	Stomach	110
2	Heart	136.1
3	Pancreas	117.3
4	Gall Bladder	164.3
5	Colon	176
6	Lungs	220
7	Intestines	281
8	Fat Cells	295.8
9	Brain	315.8
10	Liver	317.83
11	Kidneys	319.88
12	Blood	321.9
13	Muscle Cells	324
14	Bladder	352
15	Adrenals	492.8

DNA/RNA

1	DNA, Guanine	350
2	DNA, Cytosine	537.8
3	RNA, Thymine	543.4
4	DNA, Adenine	545.6
5	RNA, Phenylalanine	602.5
6	RNA, Uracil	718.2



SPIRITUAL INSIGHT

1	Pineal Gland	120
2	Spiritual Awakening	4096
3	Spiritual Awakening	4160
4	Spiritual Awakening	4225

OTTO CLEARING AND CONNECTING

1	OTTO C32 (skin and hair, and promotes lymphatic flow)	32
2	OTTO C64 (for tired and sore muscles and stressed ligaments)	64
3	OTTO C128 (to project sound directly into bones, joints, sore tissues, or cramped muscles)	128
4	OTTO C256 (grounding; removes fear, anxiety, stress, and worry)	256

AO ESSENTIAL OILS

Name	Usage
1. Aniseed	Upset stomach, intestinal gas, runny nose, as an expectorant to increase productive cough, as a diuretic to increase urine flow, and as an appetite stimulant.
2. Basil	Minor skin irritations, cramps, joint pain, muscular aches, spasms, gout, flatulence, and exhaustion.
3. Bergamot	Depression, stress, tension, fear, hysteria, infection (all types including skin), anorexia, psoriasis, eczema and general convalescence.
4. Camomille	Help address redness, hyperpigmentation, and acne.
5. Cinnamon bark	Antiseptic and antimicrobial properties. Can be used to treat diarrhea and other problems of the digestive system.
6. Cinnamon leaf	Alleviate aches, pains, and stiffness in the muscles and joints, address acne, rashes and infections, enhance circulation, nourish the skin, slow the look of aging, and revive the skin tone.
7. Citronella	Slows or prevents the growth or spread of harmful airborne bacteria, repels flying insects, uplifts negative moods, and relaxes the body and mind.
8. Clove bud	Minor pains and aches (particular dental pain) and is helpful when battling flu and colds.



QUANTUM HOMEOPATHIC – SEARCH BY SYMPTOMS

Name	Usage
t9. Eucalyptus	Skin ailments such as burns, blisters, wounds, insect bites, lice and skin infections. It is used to relieve colds and congestion.
10. Fennel sweet	Carminative, depurative, diuretic, expectorant, laxative, stimulant, splenic, and stomachic.
11. Frankincense	Antiseptic, astringent, carminative, digestive, diuretic, sedative, tonic and expectorant, rejuvenate aging skin, is effective with bacterial and fungal infections. The anti-inflammatory property is reputed to be an effective treatment for joint pain and arthritis, an insect repellent.
12. Geranium	Anti-inflammatory and anti-septic agent, treat skin ailments such as excessive oil, acne, eczema, dermatitis, and psoriasis.
13. Ginger root	Colds and flu, nausea (motion sickness, morning sickness), rheumatism, coughs and circulation issues, has warming properties that help to relieve muscular cramps, spasms, aches and ease.
14. Helichrysum	Reducing the appearance of blemishes and wrinkles, providing a soothing sensation for the skin, and promoting a healthy metabolism.

AO MINERALS

Electrolytes	Microminerals	Minerals
1. Calcium	1. Arsenic	1. Gold
2. Magnesium	2. Boron	2. Platinum
3. Phosphorus	3. Chloride	3. Silver
4. Potassium	4. Chromium	4. Titanium
5. Sodium	5. Cobalt	
	6. Copper	
	7. Iodine	
	8. Iron	
	9. Manganese	
	10. Molybdenum	
	11. Nickel	
	12. Selenium	
	13. Silicon	
	14. Sulphur	
	15. Vanadium	
	16. Zinc	



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QUANTUM HOMEOPATHIC – SEARCH BY SYMPTOMS

- | | | |
|---|--|--|
| 1. Abdominal Pain | 29. Allopathic Aureomycin Substitutes | 54. Bell's Palsy |
| 2. Abdominal - Diastasis Recti (Separation of Abdominal Wall Muscles) | 30. Allopathic Chloromycotin Substitutes | 55. Bile from Liver - Stimulating Bile from Liver (Stagnant) |
| 3. Acid Reflux | 31. Allopathic Ephedrine Substitutes | 56. Bipolar Disorder |
| 4. Accidents | 32. Allopathic Erythromycin Substitutes | 57. Bloating and Gas |
| 5. Achilles Tendonitis | 33. Allopathic Ledermycin Substitutes | 58. Blood Clot |
| 6. Acne | 34. Allopathic Terremycin Substitutes | 59. Boils |
| 7. Acne – Cystic | 35. Alopecia | 60. Boils - Cyst, Abscess |
| 8. Acne – Hormonal | 36. Alzheimer's - Problem of the Mind - Memory Weakness | 61. Bones |
| 9. Acne – Teenage | 37. Anaphylaxis (Allergic Reaction) | 62. Bone Density |
| 10. Acne Scars | 38. Anal Pain | 63. Bone Pain, Broken Bone, Fractured Bone, Meniscus Tear |
| 11. Acne Vulgaris (Extreme Acne) | 39. Anemia | 64. Bone Infections |
| 12. ADD / ADHD | 40. Anemia / Iron Deficiency / Iron Absorption / Iron Metabolism | 65. Bone Inflammation – Osteomyelitis |
| 13. Addiction - Alcohol Addiction / Withdrawal | 41. Anger Management – Control | 66. Bones - Strengthening Bones, Nails, Teeth, Hair |
| 14. Addiction - Drug Addiction Treatment / Withdrawal | 42. Anger – Rage | 67. Bones - Tissues, Tissue Affinities |
| 15. Adrenal Fatigue – Burnout | 43. Animal Bite | 68. Bowels |
| 16. Allergies - Allergic Reactions | 44. Antipsychotics (Olanzapine) | 69. Brain, Broca Aphasia |
| 17. Allergies - Gluten Intolerance | 45. Anxiety | 70. Brain Fog |
| 18. Allergies – Seafood | 46. Anxiety - Anticipatory Anxiety (Children) | 71. Brain Tumor |
| 19. Allergies – Seasonal | 47. Anxiety - Post Covid Anxiety and Depression | 72. Brooding |
| 20. Allergies - Egg Allergies | 48. Back Pain – Backache | 73. Breast Pain |
| 21. Allergies - General | 49. Back Pain - Thoracic Back Pain | 74. Breathing Difficulties (Dyspnea) |
| 22. Allergies - Flower Allergies | 50. Bad Breath (Halitosis) | 75. Bulging Disc |
| 23. Allergies - Mold Allergies | 51. Bed Wetting | 76. Bunions |
| 24. Allergies - Outdoor Allergies | 52. Bedsore (Pressure Ulcer) | 77. Bursitis |
| 25. Allergies - Pet Allergies | 53. Bee sting | 78. Calcium, Absorption |
| 26. Allopathic Asprin Substitutes | | 79. Calf Pain |
| 27. Allopathic Acid Salicyclic Substitutes | | 80. Calm the Skin and Mind |
| 28. Allopathic Adrenaline Substitutes | | 81. Cancer – Bladder |
| | | 82. Cancer – Bone |
| | | 83. Cancer – Breast |
| | | 84. Cancer – Cervix |
| | | 85. Cancer – Esophagus |
| | | 86. Cancer - Colon, Rectum |
| | | 87. Cancer – Kidney |
| | | 88. Cancer – Larynx |



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- | | | |
|--|--|---|
| 89. Cancer - Liver, Gall — Bladder | 116. Drug Ailments / Drug Side Effects | 144. Gallbladder - Gallstones, Cholecystitis |
| 90. Cancer – Lungs | 117. Ears | 145. Gallbladder - Removed, Cholecystectomy |
| 91. Cancer – Mouth | 118. Ears - Drainage of Liquid from Ear (Otorrhea) | 146. Gastritis |
| 92. Cancer – Pancreas | 119. Ear Piercing | 147. Gastro, Intestinal Ailments |
| 93. Cancer – Prostate | 120. Eating Disorders | 148. Gastroparesis |
| 94. Cancer – Stomach | 121. Eczema, Itchy Skin | 149. Genital Herpes – General |
| 95. Cancer – Uteris | 122. Edema | 150. Genital Herpes – Females |
| 96. Children - Suppression Remedies, General | 123. Emotions - Acute Emotional Stress, Loneliness, Panic, Shock | 151. Genital Herpes – Males |
| 97. Children - Suppression Remedies, Anger | 124. Emotions – General | 152. Genital Warts, Human Papilloma Virus (HPV) |
| 98. Children - Suppression Remedies, Fear | 125. Eyes - Black Eye | 153. Gerd |
| 99. Children - Suppression Remedies, Grief | 126. Eyes - Digital Eye Strain | 154. GI Pain, Nausea or Ailments from Meats, Animal Fats, Lard, Ice Cream |
| 100. Children - Suppression Remedies, Immune System | 127. Eyes - Eye Floaters | 155. Gingivitis |
| 101. Children - Suppression Remedies, Nervous System | 128. Eyes - Eye Pain | 156. Glaucoma |
| 102. Children - Suppression Remedies, Pain | 129. Eyes - Red Eye | 157. Glossitis - Inflammation of Tongue with Candida |
| 103. Dairy Intolerance | 130. Eyes – Sty | 158. Glucose - Level Too High and Causing Trouble |
| 104. Dandruff | 131. Failure to Thrive | 159. Gout |
| 105. Deep Vein Thrombosis | 132. Fatty Stool | 160. Growth |
| 106. Delhi Belly | 133. Fear - Death and Dying | 161. Guillian Barre |
| 107. Depression, Stress, Anxiety, Grief, Sadness | 134. Fear - Crowd, Public Places, Open Spaces, Agoraphobia | 162. Gum Disease |
| 108. Depression, Fatigued, Overwhelmed | 135. Fear - Suppressed Anger, Explosive Anger | 163. Gums, Bleeding Gums |
| 109. Diabetes | 136. Fear – Thunderstorm | 164. Gut |
| 110. Diabetes - Blood Glucose (Blood Sugar) | 137. Fever | 165. Gut - Acid Reflux, Heartburn |
| 111. Diabetes - Blood Sugar Issues, Sugar Craving | 138. Fever, Severe Head Pain, Back Pain and Breathing Difficulties | 166. Gut – Constipation |
| 112. Diabetes - Gestational Diabetes | 139. Fibromyalgia - Muscle Pain (Chronic) | 167. Gut – Indigestion |
| 113. Diarrhea, Disasters, Dysentery | 140. Flu, Flu Fears, Bone Aches | 168. Gut - Reful, Colic |
| 114. Digestive Disturbances | 141. Food Intolerances | 169. Gut - Stomach, Digestion Problems |
| 115. Disc, Herniated Disc, Bulging Disc | 142. Food Intolerances – Constipation | 170. Gym Pain, Painful Triceps from Weightlifting |
| | 143. Food Intolerances – Diarrhea | 171. Hair - Hair Loss |



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| 172. Hair - Alopecia Ariata | 206. Hypotension / Blood Pressure / Low Blood Pressure | 237. Insect Bites – Wasp |
| 173. Hair - Mild Alopecia | 207. H. Pylori | 238. Joint Infections |
| 174. Hand, Foot, Mouth Disease | 208. Immunity, General Weakness | 239. Joint Pain, Muscle, Neck, Back, Shoulder |
| 175. Hangover, Bad Food, Alcohol, Drugs, Nausea | 209. Infections | 240. Joints - Swollen Joints |
| 176. Hashimoto's Thyroiditis | 210. Indigestion | 241. Joints - Back and Muscles |
| 177. Hay Fever | 211. Infectious Diseases – Chickenpox | 242. Junk Food |
| 178. Headache - Cluster Headaches | 212. Infectious Diseases – Measles | 243. Kidney - Bladder, Cystitis |
| 179. Headache - Barometric Changes | 213. Infectious Diseases - Smallpox | 244. Kidney - Failure, Acute Renal Failure |
| 180. Headache – Hormonal | 214. Infectious Diseases – Cholera | 245. Kidney – Pain |
| 181. Headache – Sinuses | 215. Infectious Diseases – Diphtheria | 246. Kidney – Stones |
| 182. Headache - Young Girls | 216. Infectious Diseases – Flu | 247. Knee Pain |
| 183. Headache - General Symptoms | 217. Infectious Diseases – Meningitis | 248. Leaky Bladder |
| 184. Headache - Back of Head, Right Eye | 218. Infectious Diseases – Mumps | 249. Leaky Gut |
| 185. Headache – Migraines | 219. Infectious Diseases - Whooping Cough | 250. Legs – Cramps |
| 186. Head Injuries | 220. Infertility – Female | 251. Legs – Restless |
| 187. Heart Attack – Angina | 221. Infertility – Male | 252. Legs - Spasms, Eye Twitching, Menstrual Cramps |
| 188. Heart Attack - Myocardial Infarction | 222. Injury - Bone Injury | 253. Legs - Involuntary Muscle Movements |
| 189. Heart Broken | 223. Injury - Burn Injury | 254. Legs - Leg Pain in the Muscles |
| 190. Heart Disease | 224. Injury - Capillary Injury | 255. Libido - Low Libido, Infertility or Poor Sperm Quality in Men |
| 191. Heart Medicine | 225. Injury - Concealed Injury | 256. Libido - Low Libido in Women |
| 192. Heart Palpitations | 226. Injury - Gland Injury | 257. Lichen Sclerosis – Females |
| 193. Heel Pain, Heel Spur | 227. Injury - Incised Injury | 258. Lichen Sclerosis - From Feminopathy |
| 194. Hemorrhoids | 228. Injury - Lacerated Injury | 259. Lichen Sclerosis – Males |
| 195. Hepatitis A | 229. Injury - Nerve Injury | 260. Liver - Cirrhosis, Liver Detox |
| 196. Herniated Disc | 230. Injury - Puncture Injury | 261. Liver – Detox |
| 197. Herpes | 231. Injury - Sprained Injury | 262. Liver - Disease, High Bilirubin Levels |
| 198. Herpes – Females | 232. Injury - Rubbing Injury | 263. Liver - Fatty Liver |
| 199. Herpes – Males | 233. Injury - Insult, Violation | 264. Liver - Support and Correction |
| 200. Hernia | 234. Insect Bites | |
| 201. Hip Replacement Surgery | 235. Insect Bites – Lyme | |
| 202. Hoarseness | 236. Insect Bites – Spiders | |
| 203. Hot Flashes | | |
| 204. Hyperactivity, ADHD, Restlessness, Autism | | |
| 205. Hypertension / Blood Pressure / High Blood Pressure | | |



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|---|--|--|
| 265. Loss of Confidence | 288. Organs - Harmed by Emotions, Liver By Anger | 316. Poison Ivy |
| 266. Loss of Smell and Taste | 289. Organs - Harmed by Emotions, Lungs By Grief | 317. Radiation - Radiation, Iridium Exposure |
| 267. Lungs - Breathlessness, Oxygen Supplementation | 290. Organs - Harmed by Emotions, Mind (Brain) by Stress | 318. Radiation - Chemotherapy Radiation |
| 268. Lungs - Inflammation, Swelling of Lung Tissues, Pneumonia | 291. Organs - Harmed by Emotions, Stomach By Worry | 319. Rash - That Does Not Itch |
| 269. Lungs - Inflammation, Pleuritis | 292. Osteoarthritis | 320. Rash - Rash, Heat Rash |
| 270. Lungs - Mucus in Lungs | 293. Osteoporosis | 321. Rattlesnake Bite |
| 271. Lymphadenopathy | 294. Otitis | 322. Reflux |
| 272. Lymph Nodes - Swollen Lymph Nodes Under Arm | 295. Overindulgence | 323. Regurgitation of Food |
| 273. Lymph Nodes - Swollen Lymph Nodes in Abdomen | 296. Over Sensitive (Crying) | 324. Respiratory Tract |
| 274. Marasmus, Failure to Thrive | 297. Overwhelmed | 325. Restless Leg Syndrome (RLS) |
| 275. Melasma, Skin Condition | 298. Overwhelmed - Moms of Sick Children | 326. Restlessness |
| 276. Memory Decline | 299. Pain – General | 327. Rheumatism, Rheumatoid Arthritis |
| 277. Meningitis | 300. Pain - Angst, Insomnia | 328. Ringworm |
| 278. Miasms | 301. Pain - Panic Attack | 329. Root Canal |
| 279. Misalignment – Musculoskeletal | 302. Pain - Colic, Kidney, Gallstones, Gastric Pain | 330. Scar Tissue |
| 280. Nasal Polyps | 303. Pain - Cramps, Spasms, Seizing | 331. Sciatica |
| 281. Nausea - Gi Nausea, Ailments from Meat, Fats, Lard, Ice Cream | 304. Pain – Muscle | 332. Scorpion Sting |
| 282. Nausea - Sea Sickness, Car, Motion | 305. Pain - Hip Pain | 333. Seizures |
| 283. Obesity | 306. Pain – Reliever | 334. Seniors - Stress of Aging |
| 284. Obsessive, Compulsive | 307. Pain – Remedies | 335. Seniors, Improve Vitality and Nutrient Absorption |
| 285. Obsessed, OCD | 308. Palliative Care, Elderly and Dying | 336. Separation Anxiety |
| 286. Organs - Harmed by Emotions, Heart by Stress (Mental Overexertion) | 309. Pancreatitis | 337. Shingles |
| 287. Organs - Harmed by Emotions, Kidney By Fear | 310. Paralysis | 338. Shoulder, Blade Pain |
| | 311. Parasites / Worms | 339. Sinus Infections |
| | 312. Parasites | 340. Sinusitis |
| | 313. Parosmia – Distortion of Smell | 341. Sinus Infections - Complicated with Polyps |
| | 314. Parosmia - For Foul Smell from the Nose | |
| | 315. Peripheral Neuropathy | |



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| 342. Sinus Infections - Due to Fungal Growth | 369. Teen Hormones, Moody, Gut | 390. Teeth - Wisdom Tooth Pain |
| 343. Sinus Infections - Mucus Present Due to Cold | 370. Teeth - Grinding (Bruxism) | 391. Teeth - Tooth Abscess, Periapical and Paradontal |
| 344. Sinus - Asthma Induced | 371. Teeth - Symptoms and Dental Remedies | 392. Teeth - Scaling and Polishing |
| 345. Sjogren's Syndrome | 372. Teeth - Apprehension | 393. Teeth - Pain at the Site After Anesthetic Injection |
| 346. Skin Burns | 373. Teeth - Bruxism (grinding) | 394. Teeth - Cell Salts Tonic to Strengthen Teeth, Prevent Decay and Remineralize |
| 347. Sleep Apnea | 374. Teeth - Gingivitis Periodontitis and Alveolitis | 395. Teeth - Strong Teeth |
| 348. Sleep Issues | 375. Teeth - Hemorrhage | 396. Tendonitis |
| 349. Smallpox | 376. Teeth - Neuralgia | 397. Tennis Elbow (Lateral Epicondylitis) |
| 350. Smoking | 377. Teeth - Post Operative Discomfort | 398. Tenosynovitis (Locked Finger, Trigger Finger) |
| 351. Smoke Inhalation | 378. Teeth - Salivation | 399. Tetanus |
| 352. Sneezing | 379. Teeth - Temporomandibular Joint (TMJ) | 400. Throat Problems, (Inability to Swallow) |
| 353. Snoring | 380. Teeth - Toothache | 401. Thrombosis |
| 354. Sore Throat | 381. Teeth - Tooth Eruption | 402. Thyroid |
| 355. Sore Throat - After Intubation | 382. Teeth - Ulcerations | 403. Thyroid - Hypothyroid |
| 356. Stenosis - Back/Spinal | 383. Teeth - Problems and Dental Work | 404. Thyroid - Disease |
| 357. Stool | 384. Teeth - General Tooth Pain | 405. Thyroid - Hyperthyroid |
| 358. Stomach Cancer | 385. Teeth - Before and After Dental Treatment | 406. Tics - Neurological, Movement Disorder |
| 359. Stomach Discomfort | 386. Teeth - Root Canal or Endodontic Treatment | 407. Tinnitus |
| 360. Strep Throat | 387. Teeth - Orthodontic Braces | 408. Tinnitus, Vertigo |
| 361. Stress, Sleeplessness, Anxiety, Grief, Sadness, Panic Attacks | 388. Teeth - Tooth Extraction | 409. Tongue |
| 362. Stroke - Brain | 389. Teeth - Dry Socket | 410. Tonsillitis |
| 363. Suicidal Tendencies | | |
| 364. Sunburn | | |
| 365. Suppression Remedies, Children | | |
| 366. Surgery | | |
| 367. Surgery - Post | | |
| 368. Sweating Suppressed Perspiration (Anhidrosis) | | |



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| 410. Tooth - Cavities, Teeth and Children | 434. Typhoid | 454. Varicose Veins |
| 411. Tooth - Ache, Dental Health | 435. Ulcerative Colitis | 455. Vascular Issue |
| 412. Tooth – Pain | 436. Ulcer, Stomach Ulcer, GI Tract | 456. Vertigo and Tinnitus |
| 413. Tooth – Trauma | 437. Ulcers, Stomach | 457. Victim Mentality |
| 414. Tooth - Dental Braces | 438. Undigested Food in Stool | 458. Vitamin Substitutes - Vit A |
| 415. Tooth – Decay | 439. Urinary Incontinence | 459. Vitamin Substitutes - Vit B |
| 416. Tooth - Extraction, Dry Socket | 440. Urticaria, Hives | 460. Vitamin Substitutes - Vit B12 |
| 417. Tooth - Extraction with Spinal Abscess | 441. Vaccine - Vaccination Side Effects, General | 461. Vitamin Substitutes - Vit C |
| 418. Toxins, Poisoning, How to Antidote | 442. Vaccination Side Effects - Stomach Pain | 462. Vitamin Substitutes - Vit D |
| 419. Tremors | 443. Vaccination Side Effects – Diarrhea | 463. Vitamin Substitutes - Vit E |
| 420. Tumors - Bony Tumors | 444. Vaccination Side Effects – Asthmatic | 464. Vitamin Substitutes - Vit K |
| 421. Tumors - Bluish Tumor | 445. Vaccination Side Effects – Swelling | 465. Vitamin Substitutes – Aspirin |
| 422. Tumors - Bleeding Tumor | 446. Vaccination Side Effects – Fever | 466. Vitamin Substitutes – Multivitamin |
| 423. Tumors - Brownish Tumor | 447. Vaccination Side Effects - Skin Rash | 467. Virus |
| 424. Tumors - Fatty Tumor | 448. Vaccination Side Effects - Skin Eruptions | 468. Vitality and Nutrient Absorption |
| 425. Tumors - Glandular Tumors | 449. Vaccination Side Effects - Runny Nose, Congestion | 469. Vomiting |
| 426. Tumors - Gland Filling is Hard | 450. Vaccination Side Effects - Dry Cough | 470. Vulvodynia |
| 427. Tumors - Hemorrhoidal Tumors that Burn and Sensitive to Touch | 451. Vaccination Side Effects - Loose Rattling Cough | 471. Warts |
| 428. Tumors - Horny Tumors | 452. Vaccination Side Effects - Joint and Muscle Pain | 472. Warts – Plantar |
| 430. Tumors - Nerve Tumors, Little and Sensitive | 453. Vaccination Side Effects - Dry Rough Skin | 473. Whooping Cough |
| 431. Tumors - Orange Like Tumors | | 474. Worse from Junk Food |
| 432. Tumors - Stoney Tumors | | 475. Worse from Fats |
| 433. Turmoil | | 476. Wound, Open Wound |
| | | 477. Worms – Tape |
| | | 478. Worms – Pin |
| | | 479. Worms – Ascarides |
| | | 480. Worms – Hook |
| | | 481. Worms – General |
| | | 482. Yeast Fungus |
| | | 483. Yeast Fungus – Nail |
| | | 484. Yeast Fungus – Skin |
| | | 485. Yeast Fungus – Ringworm |
| | | 486. Yeast Fungus – Sugar |